

## Checkyour fit guide



A perfectly-fitted bra can feel like you're wearing no bra at all. Spend a few minutes to find the right fit, then you can wear your best bra and forget all about it! Here's our 5 step guide on getting the right fit in the comfort of your bedroom (no adults required):

### 1. Fastening

We recommend you fasten your bra on the middle hook and eye so you can adjust to make it bigger or smaller if you feel uncomfortable.

Most of the bra's support comes from the underband, so it should be snug, but not so tight that it marks your skin.

#### 3. Cups

Next, check the front. The cups should sit nicely on top of your boobs with the fabric smooth against your skin. There should be no bulging or gaping.

### **4. Straps**Test your straps by

Test your straps by making sure you can comfortably slip two fingers underneath and loosen or tighten until they feel perfect (you can take your bra off to do this if it's too fiddly). Straps slipping down can be annoying and straps digging in are uncomfortable, so take a few minutes to get it right.

### 2. Underband

Once you've done the back of the bra up, take a look in the mirror to check it. The underband should sit in a straight line across your back. If it's riding up, it's too loose.

### 5. Jiggle

Now stand back, jiggle about a bit, find how it feels – adjust again if needed. Looking and feeling good? Well done, you've just found your perfect fit!



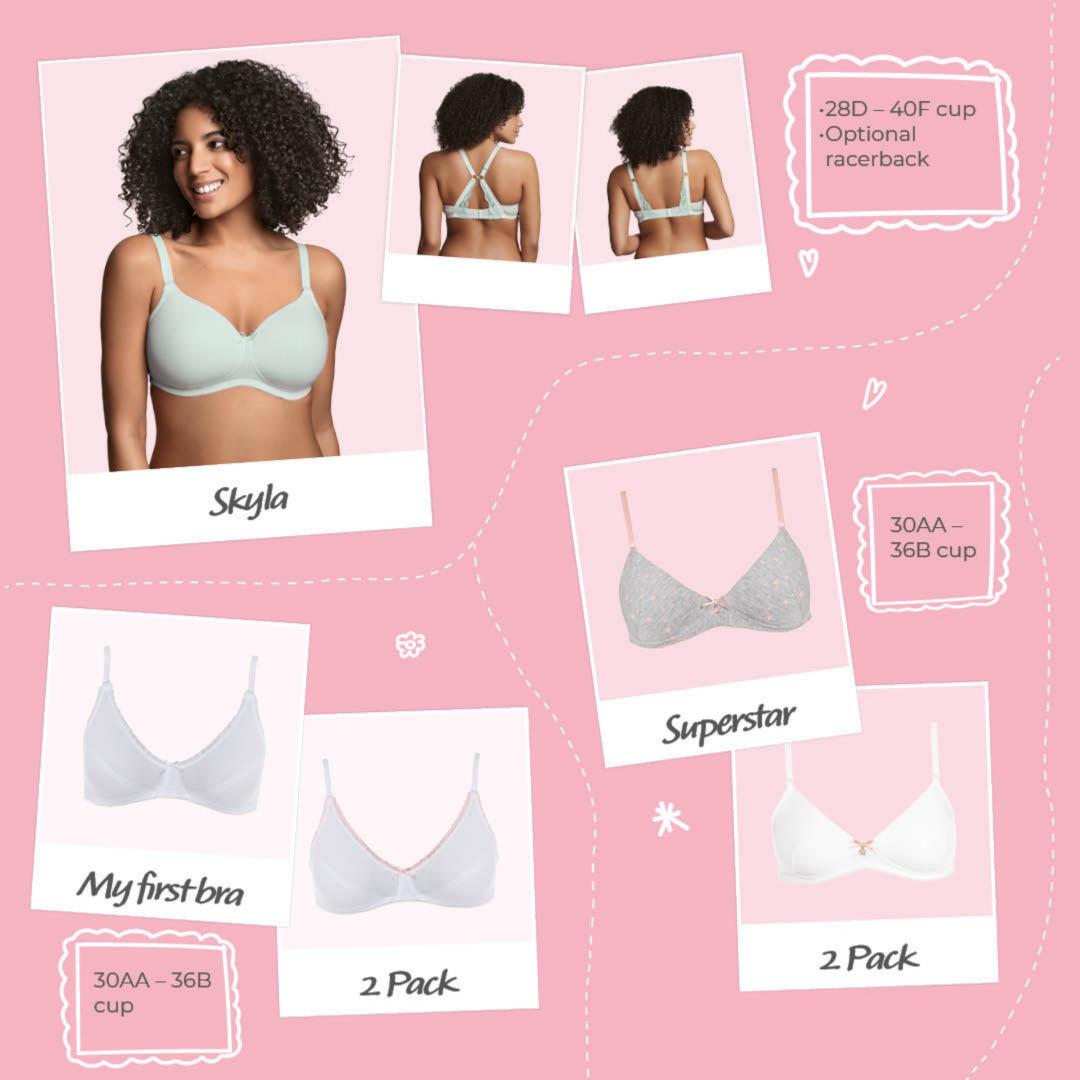
# My First Sports bra



Impact Free Flex Fit



- -30A 38C
- -30D 36D
- ·Adjustable racerback





2 Pack





Posie



·30A – 36D ·Optional racerback



Cream and Blush

30A – 36D cup

2 Pack



Sweet Violet

30A – 36D cup



2 Pack

